

Glossary of Lake and Watershed Terms[†]

Acid neutralizing capacity (ANC): the equivalent capacity of a solution to neutralize strong acids. The components of ANC include weak bases (carbonate species, dissociated organic acids, alumino-hydroxides, borates, and silicates) and strong bases (primarily, OH⁻). In the National Surface Water Survey, as well as in most other recent studies of acid-base chemistry of surface waters, ANC was measured by the Gran titration procedure.

Acidic deposition: transfer of acids and acidifying compounds from the atmosphere to terrestrial and aquatic environments via rain, snow, sleet, hail, cloud droplets, particles, and gas exchange.

Adsorption: The adhesion of one substance to the surface of another: clays, for example, can adsorb phosphorus and organic molecules

Aerobic: Describes life or processes that require the presence of molecular oxygen.

Algae: Small aquatic plants that occur as single cells, colonies, or filaments. Planktonic algae float freely in the open water. Filamentous algae form long threads and are often seen as mats on the surface in shallow areas of the lake.

Alkalinity: (see *acid neutralizing capacity*).

Allochthonous: Materials (e.g., organic matter and sediment) that enter a lake from atmosphere or drainage basin (see *autochthonous*).

Anaerobic: Describes processes that occur in the absence of molecular oxygen.

Anoxia: A condition of no oxygen in the water. Often occurs near the bottom of fertile stratified lakes in the summer and under ice in late winter.

Anoxic: "Without oxygen." (see *anoxia*).

Autochthonous: Materials produced within a lake e.g., autochthonous organic matter from plankton versus allochthonous organic matter from terrestrial vegetation.

Bathymetric map: A map showing the bottom contours and depth of a lake; can be used to calculate lake volume.

Benthic: Macroscopic (seen without aid of a microscope) organisms living in and on the bottom sediments of lakes and streams. Originally, the term meant the lake bottom, but it is now applied almost uniformly to the animals associated with the substrate. Also referred to as *benthos*.

Biochemical oxygen demand (BOD): The rate of oxygen consumption by organisms during the decomposition (respiration) of organic matter, expressed as grams oxygen per cubic meter of water per hour.

Biomass: The weight of biological matter. Standing crop is the amount of biomass (e.g., fish or algae) in a body of water at a given time. Often measured in terms of grams per square meter of surface.

Biota: All plant and animal species occurring in a specified area.

[†] adapted from: *The Lake and Reservoir Restoration Guidance Manual* (US EPA 1990)

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Chemical oxygen demand (COD): Non-biological uptake of molecular oxygen by organic and inorganic compounds in water.

Chlorophyll: A green pigment in algae and other green plants that is essential for the conversion of sunlight, carbon dioxide and water to sugar (photosynthesis). Sugar is then converted to starch, proteins, fats and other organic molecules.

Chlorophyll a: A type of chlorophyll present in all types of algae, sometimes in direct proportion to the biomass of algae.

Cluster development: Placement of housing and other buildings of a development in groups to provide larger areas of open space

Consumers: Animals that cannot produce their own food through photosynthesis and must consume plants or animals for energy (see *producers*).

Decomposition: The transformation of organic molecules (e.g., sugar) to inorganic molecules (e.g., carbon dioxide and water) through biological and non-biological processes.

Delphi: A technique that solicits potential solutions to a problem situation from a group of experts and then asks the experts to rank the full list of alternatives.

Density flows: A flow of water of one density (determined by temperature or salinity) over or under water of another density (e.g. flow of cold river water under warm reservoir surface water).

Detritus: Non-living dissolved and particulate organic material from the metabolic activities and deaths of terrestrial and aquatic organisms.

Drainage basin: Land area from which water flows into a stream or lake (see *watershed*).

Drainage lakes: Lakes having a defined surface inlet and outlet.

Ecology: Scientific study of relationships between organisms and their environment: also defined as the study of the structure and function of nature.

Ecosystem: A system of interrelated organisms and their physical-chemical environment. In limnology, the ecosystem is usually considered to include the lake and its watershed.

Effluent: Liquid wastes from sewage treatment, septic systems or industrial sources that are released to a surface water.

Environment: Collectively, the surrounding conditions, influences and living and inert matter that affect a particular organism or biological community.

Epilimnion: Uppermost, warmest, well-mixed layer of a lake during summertime thermal stratification. The epilimnion extends from the surface to the thermocline.

Erosion: Breakdown and movement of land surface which is often intensified by human disturbances.

Eutrophic: From Greek for well-nourished; describes a lake of high photosynthetic activity (plants and/or algae), high nutrient concentration and low transparency.

Eutrophication: The process of physical, chemical, and biological changes associated with nutrients, organic matter, silt enrichment, and sedimentation of a lake or reservoir. If the process is accelerated by man-made influences it is termed cultural eutrophication.

Fall overturn: The autumn mixing, top to bottom, of lake water caused by cooling and wind-derived energy.

Fecal coliform test: Most common test for the presence of fecal material from warm-blooded animals. Fecal coliforms are measured because of convenience; they are not necessarily harmful

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but indicate the potential presence of other disease-causing organisms.

Floodplain: Land adjacent to lakes or rivers that is covered as water levels rise and overflow the normal water channels.

Flushing rate: The rate at which water enters and leaves a lake relative to lake volume, usually expressed as time needed to replace the lake volume with inflowing water.

Flux: The rate at which a measurable amount of a material flows past a designated point in a given amount of time.

Food chain: The general progression of feeding levels from primary producers, to herbivores, to planktivores, to the larger predators.

Food web: The complex of feeding interactions existing among the lake's organisms.

Forage fish: Fish, including a variety of panfish and minnows, that are prey for game fish.

Groundwater: Water found beneath the soil surface; saturates the stratum at which it is located; often connected to lakes.

Hard water: Water with relatively high levels of dissolved minerals such as calcium, iron, and magnesium.

Hydrographic map: A map showing the location of areas or objects within a lake.

Hydrologic cycle: The circular flow or cycling of water from the atmosphere to the earth (precipitation) and back to the atmosphere (evaporation and plant transpiration). Runoff, surface water, groundwater, and water infiltrated in soils are all part of the hydrologic cycle.

Hypolimnion: Lower, cooler layer of a lake during summertime thermal stratification.

Hypoxia: A condition of low oxygen in the water (< 2.0 mg/L). Often occurs near the bottom of fertile stratified lakes in the summer and under ice in late winter.

Influent: A tributary stream.

Internal nutrient cycling: Transformation of nutrients such as nitrogen or phosphorus from biological to inorganic forms through decomposition, occurring within the lake itself. Also refers to the release of sediment-bound nutrients into the overlying water that typically occurs within the anoxic hypolimnion of stratified, mesotrophic and eutrophic lakes.

Isothermal: The same temperature throughout the water column of a lake.

Lake: A considerable inland body of standing water, either naturally formed or manmade.

Lake district: A special purpose unit of government with authority to manage a lake(s) and with financial powers to raise funds through mill levy, user charge, special assessment, bonding, and borrowing. May or may not have police power to inspect septic systems, regulate surface water use, or zone land.

Lake management: The practice of keeping lake quality in a state such that attainable uses can be achieved and maintained.

Lake protection: The act of preventing degradation or deterioration of attainable lake uses.

Lake restoration: The act of bringing a lake back to its attainable uses.

Lentic: Relating to standing water (versus lotic, running water).

Limnologist: One who studies limnology.

Limnology: Scientific study of fresh water, especially the history, geology, biology,

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physics, and chemistry of lakes. Also termed freshwater ecology.

Littoral zone: That portion of a waterbody extending from the shoreline lakeward to the greatest depth occupied by rooted plants.

Loading: The total amount of material (sediment, nutrients, oxygen-demanding material) brought into the lake by inflowing streams, runoff, direct discharge through pipes, groundwater, the air, and other sources over a specific period of time (often annually).

Macroinvertebrates: Aquatic insects, worms, clams, snails, and other animals visible without the aid of a microscope, that may be associated with or live on substrates such as sediments and macrophytes. They supply a major portion of fish diets and consume detritus and algae.

Macrophytes: Rooted and floating aquatic plants, commonly referred to as waterweeds. These plants may flower and bear seed. Some forms, such as duckweed and coontail (*Ceratophyllum*), are free-floating forms without roots in the sediment.

Mandatory property owners association: Organization of property owners in a subdivision or development with membership and annual fee required by covenants on the property deed. The association will often enforce deed restrictions on members' property and may have common facilities such as bathhouse, clubhouse, golf course, etc.

Marginal zone: Area where land and water meet at the perimeter of a lake. Includes plant species, insects and animals that thrive in this narrow, specialized ecological system.

Mesotrophic: Describes a lake of moderate plant productivity and transparency; a trophic state between oligotrophic and eutrophic.

Metalimnion: Layer of rapid temperature and density change in a thermally stratified lake. Resistance to mixing is high in this region.

Morphometry: Relating to a lake's physical structure (e.g., depth, shoreline length).

Nekton: Large aquatic organisms whose mobility is not determined by water movement - for example, fish and amphibians.

Nominal group process: A process of soliciting concerns/issues/ideas from members of a group and ranking the resulting list to ascertain group priorities. Designed to neutralize dominant personalities.

Nutrient: An element or chemical essential to life, such as carbon, oxygen, nitrogen, and phosphorus.

Nutrient budget: Quantitative assessment of nutrients (e.g., nitrogen or phosphorus) moving into, being retained in, and moving out of an ecosystem; commonly constructed for phosphorus because of its tendency to control lake trophic state.

Nutrient cycling: The flow of nutrients from one component of an ecosystem to another, as when macrophytes die and release nutrients that become available to algae (organic to inorganic phase and return).

Oligotrophic: "Poorly nourished," from the Greek. Describes a lake of low plant productivity and high transparency.

Ooze: Lake bottom accumulation of inorganic sediments and the partially decomposed remains of algae, weeds, fish, and aquatic insects. Sometimes called muck (see *sediment*).

Ordinary high water mark: Physical demarcation line, indicating the highest point that water level reaches and maintains for some time. Line is visible on rocks, or shoreline, and by the location of certain types of vegetation.

Organic matter: Molecules manufactured by plants and animals and containing linked carbon

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atoms and elements such as hydrogen, oxygen, nitrogen, sulfur, and phosphorus.

Paleolimnology: The study of the fossil record within lake sediments.

Pathogen: A microorganism capable of producing disease. They are of great concern to human health relative to drinking water and swimming beaches.

Pelagic zone: This is the open area of a lake, from the edge of the littoral zone to the center of the lake.

Perched: A condition where the lake water is isolated from the groundwater table by impermeable material such as clay.

pH: A measure of the concentration of hydrogen ions of a substance, which ranges from very acid (pH = 1) to very alkaline (pH = 14). pH 7 is neutral and most lake waters range between 6 and 9. pH values less than 6 are considered acidic, and most life forms can not survive at pH of 4.0 or lower.

Photic zone: The lighted region of a lake where photosynthesis takes place. Extends down to a depth where plant growth and respiration are balanced by the amount of light available.

Phytoplankton: Microscopic algae and microbes that float freely in open water of lakes and oceans.

Plankton: Microscopic plants, microbes and animals floating or swimming freely about in lakes and oceans.

Primary productivity: The rate at which algae and macrophytes fix or convert light, water and carbon dioxide to sugar in plant cells (through photosynthesis). Commonly measured as milligrams of carbon per square meter per hour.

Primary producers: Green plants that manufacture their own food through photosynthesis.

Profundal zone: Area of lake water and sediment occurring on the lake bottom below the depth of light penetration.

Reservoir: A manmade lake where water is collected and kept in quantity for a variety of uses, including flood control, water supply, recreation and hydroelectric power.

Residence time: Commonly called the hydraulic residence time -- the amount of time required to completely replace the lake's current volume of water with an equal volume of new water.

Respiration: Process by which organic matter is oxidized by organisms, including plants, animals, and bacteria. The process releases energy, carbon dioxide, and water.

Secchi depth: A measure of transparency of water obtained by lowering a black and white, or all white, disk (Secchi disk, 20 cm in diameter) into water until it is no longer visible. Measured in units of meters or feet.

Sediment: Bottom material in a lake that has been deposited after the formation of a lake basin. It originates from remains of aquatic organisms, chemical precipitation of dissolved minerals, and erosion of surrounding lands (see *ooze* and *detritus*).

Seepage lakes: Lakes having either an inlet or outlet (but not both) and generally obtaining their water from groundwater and rain or snow.

Soil retention capacity: The ability of a given soil type to adsorb substances such as phosphorus, thus retarding their movement to the water.

Stratification: Layering of water caused by differences in water density. Thermal stratification is typical of most deep lakes during summer. Chemical stratification can also occur.

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Swimmers itch: A rash caused by penetration into the skin of the immature stage (cercaria) of a flatworm (not easily controlled due to complex life cycle). A shower or alcohol rubdown should minimize penetration.

Thermal stratification: Lake stratification caused by temperature-created differences in water density.

Thermocline: A horizontal plane across a lake at the depth of the most rapid vertical change in temperature and density in a stratified lake (see *metalimnion*).

Topographic map: A map showing the elevation of the landscape at specified contour intervals (typically 10 or 20 foot intervals, may be expressed in feet or meters). Can be used to delineate the watershed.

Trophic state: The degree of eutrophication of a lake. Transparency, chlorophyll a levels, phosphorus concentrations, amount of macrophytes, and quantity of dissolved oxygen in the hypolimnion can be used to assess state.

Voluntary lake property owners association: Organization of property owners in an area around a lake that members join at their option.

Water column: Water in the lake between the interface with the atmosphere at the surface and the interface with the sediment layer at the bottom. Idea derives from vertical series of measurements (oxygen, temperature, phosphorus) used to characterize lake water.

Water table: The upper surface of groundwater; below this point, the soil is saturated with water.

Watershed: A drainage area or basin in which all land and water areas drain or flow toward a central collector such as a stream, river, or lake at a lower elevation.

Zooplankton: Microscopic animals that float or swim freely in lake water, graze on detritus particles, bacteria, and algae, and may be consumed by fish.